



## **PRESS RELEASE**

# **Pete Nicholls joins Kintsugi Heroes Board**

**07 MARCH 2024, Sydney, NSW:**

Kintsugi Heroes is delighted to announce that Pete Nicholls has joined the Kintsugi Heroes board.

Kintsugi Heroes Founder and CEO Ian Westmoreland advised “Pete has a wealth of commercial and professional experience, an extensive skills-set and through his own lived experience a passion to give back to the community through initiatives like story telling”.



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*Kintsugi Heroes Ltd is an Australian registered Charity.*



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### **About Pete Nicholls**

Pete has an electronics engineering degree and a background of design in the defence and aviation sector. A growing interest in data analysis subsequently led to retraining in Organisational Psychology and a pivot into corporate research and consulting, where he has held international leadership roles within IBM, Mercer and HayGroup.

In 2013, Pete volunteered as a Dads in Distress group facilitator. With a passion for suicide prevention, he has since made Parents Beyond Breakup his main occupation and retains a handful of private ASX100 consulting clients on the side. Pete's roles within Parents Beyond Breakup include two terms on the board (2014-17) and two terms as CEO (2017-20 and again 2023 onwards).

As a separated dad, he has over 22 years' experience of parental separation including as a McKenzie Friend. Pete's greatest driver is that of ensuring that every mum and dad stays alive and in their kids' lives.

### **About Kintsugi Heroes**

Kintsugi Heroes is a community where people share their real-life stories about overcoming adversity to provide hope and inspiration to people who may be experiencing or at risk of experiencing similar challenges. Our Kintsugi Heroes have a wide variety of backgrounds across genders, cultures, languages and ages. The hero stories are available through audio and video podcasts and in E-books and printed books.

The philosophy of Kintsugi honours life experiences both good and difficult. By highlighting the repair of cracks or breaks in a ceramic piece, the events of the past become part of its beauty. There is no attempt to conceal the damage. Kintsugi Heroes globally launched on 14 December with four conversations published covering grief, addiction, suicide ideation, health, abuse and more.